

## **HSA updates on products found overseas that contain potent ingredients (February 2025)**

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in February 2025 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

### **HSA's Advisory**

2 Members of the public are advised to:

- Consult a doctor if you have consumed any of the products and are feeling unwell.
- Avoid buying any of the products when abroad.
- Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
- Be wary of products that promise quick and miraculous results or carry exaggerated claims like “100% safe”, “no side effects” or “scientifically proven”. Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
- Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).

3 Additionally, members of the public are encouraged to visit <https://www.hsa.gov.sg/consumer-safety/> to learn more about the dangers of buying health products from dubious sources.

4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: [hsa\\_is@hsa.gov.sg](mailto:hsa_is@hsa.gov.sg).



## Annex A

### List of Products


*Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions*

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
3800 Hard Rock		Tadalafil	Health Canada
Advance King		Dexamethasone, Diclofenac and Methocarbamol	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Attote Diabète		Sildenafil	Health Canada
Attote Original		Sildenafil	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Backwoods 10000K	 The packaging for Backwoods 10000K is yellow with a honeycomb pattern. It features the brand name 'BACKWOODS' in a stylized font, followed by '10000K' in large red letters. Below this is an illustration of a man in a lab coat and a woman. Text on the package includes 'NEW', 'PREMIUM', '100% NATURAL', 'TIME+ SIZE+ STAMINA', '1 Capsule Up to 9 Days', and 'Male Enhancement Capsule'.	Desmethylsibutramine, Sibutramine, Sildenafil and Tadalafil	Health Canada
BANG Maximum Power	 The packaging for BANG Maximum Power is white and red. It features the word 'BANG' in large, bold, red letters. Above it, it says 'MAXIMUM POWER' and 'NO HEADACHE'. Below the main title, it says 'All Natural Ingredients'. At the bottom, it says 'TIME SIZE STAMINA' and 'LASTS 7 DAYS OF ACTION'. The phrase 'THE ULTIMATE PLEASURE' is at the very bottom.	Sildenafil	Health Canada
Big Cock Platinum Edition	 The packaging for Big Cock Platinum Edition is red and black. It features the brand name 'BIG COCK' in large, stylized letters. Above it, it says 'PLATINUM EDITION'. Below the main title, it says 'LONGER and HARDER' and 'FAST and LONG LASTING'. At the bottom, it says 'NO HEADACHE'.	Sildenafil	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Bio Claire Lightening Body Lotion		Clobetasol	United Kingdom Medicines and Healthcare products Regulatory Agency
Bio LIT		1,4-dimethylamylamine (DMAA)	United States Food and Drug Administration
Bronz Tone Black Spot Corrector		Clobetasol and Hydroquinone	United Kingdom Medicines and Healthcare products Regulatory Agency

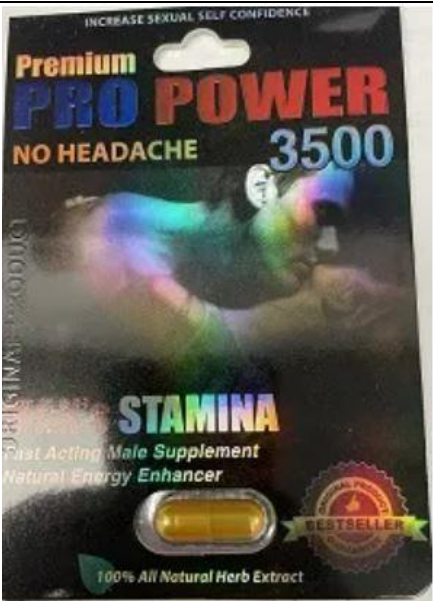

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Carotone Clarifying Cream		Clobetasol and Hydroquinone	United Kingdom Medicines and Healthcare products Regulatory Agency
Ginseng 2000 Red		Sildenafil	Health Canada
Gluta White Anti-Acne Cream		Unknown ingredients and fragrance allergens	United Kingdom Medicines and Healthcare products Regulatory Agency

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
HimGo		Diclofenac and Sildenafil	United States Food and Drug Administration
Karisma Brightening Day Cream		Mercury	Malaysia National Pharmaceutical Regulatory Agency
La Paix Congnon-Moussou Yako		Sildenafil	Health Canada





Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Pink Pussycat		Hydroxythiohomo sildenafil	Health Canada
Pinkkiss Beauty Care Herbal Cream		Betamethasone and Mercury	Malaysia National Pharmaceutical Regulatory Agency
Pinkkiss Beauty Care Treatment Cream		Betamethasone, Hydroquinone and Tretinoin	Malaysia National Pharmaceutical Regulatory Agency


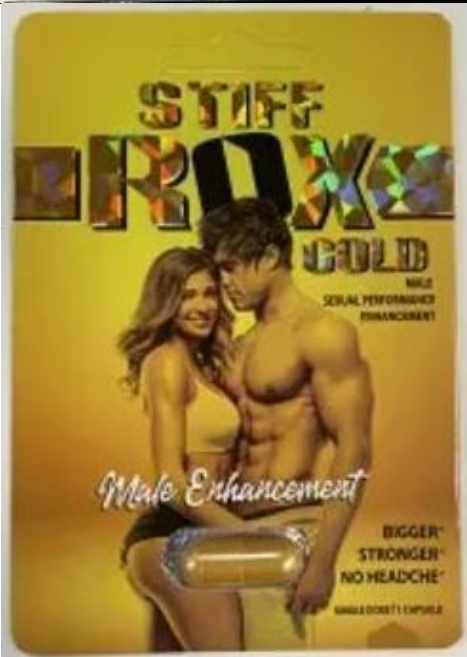

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Premium Pro Power 3500		Sildenafil	Health Canada
Pure Skin Moisturising and Anishing Body Lotion		Clobetasol and Hydroquinone	United Kingdom Medicines and Healthcare products Regulatory Agency

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 69 23000K	 <p>The image shows the packaging for Rhino 69 23000K. It features a rhinoceros illustration, the text 'NEW', 'RHINO 69', 'SUPER LONG LASTING', '23000K', 'NO HEADACHE', 'TIME SIZE STAMINA', and 'Capsule Upto 7 Days'. Two capsules are shown at the bottom.</p>	Sildenafil	Health Canada
Rhino 69 475K	 <p>The image shows the packaging for Rhino 69 475K. It features a rhinoceros illustration, the text 'NEW', 'RHINO 69', 'SUPER LONG LASTING', '475K', 'NO HEADACHE', 'TIME SIZE STAMINA', and 'Capsule Upto 7 Days'. Two capsules are shown at the bottom.</p>	Tadalafil	Health Canada
Rhino 69 Platinum 35000	 <p>The image shows the packaging for Rhino 69 Platinum 35000. It features a rhinoceros illustration, the text 'NEW', 'RHINO 69', 'SUPER LONG LASTING', 'Platinum 35000', 'R ZONE', 'TIME SIZE STAMINA', 'NO HEADACHE', and 'Capsule Upto 7 Days'. Two capsules are shown at the bottom.</p>	Tadalafil	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 7 Platinum 900K		Sildenafil	Health Canada
Rhino 7 Platinum 10,000		Tadalafil	Health Canada
Rhino 7 Platinum 5000		Sildenafil	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino Super Long Lasting 70000		Sildenafil	Health Canada
Spanish Fly 20,000		Tadalafil	Health Canada
Spanish Fly 22,000		Tadalafil	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Special Edition Platinum 10K		Acetaminophen, Tadalafil and Vardenafil	United States Food and Drug Administration
Stiff Rox Gold		Sildenafil and Tadalafil	Health Canada
Ufora Advance Repair Solution		Hydroquinone	Malaysia National Pharmaceutical Regulatory Agency

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
	 <p> <b>UFORA SKINCARE</b>  <b>FACE SERUM</b>  <b>ADVANCED REPAIR SOLUTION</b>          Hamamelis Virginiana Extract 99%          Tranexamic Acid 12%          Alpha-Arbutin 12%          Collagen 1%          10 ml   e 0.34 fl. oz.       </p> <p>         This Advanced Repair Solution Face Serum is designed very uniquely formulation to penetrates deep inside the skin and improves skin texture. It helps to even out the skin tone, repair the damaged skin. It also reduces tanning &amp; dark spots.       </p> <p> <b>Ingredients :</b> Water, Hamamelis Virginiana Extract, Niacinamide, Ethyl Ascorbic Acid, Galactomyces Ferment Filtrate, Tranexamic Acid, Alpha-Arbutin, Collagen, Chamomilla Recutita Flower Extract, Aloe Barbadensis Leaf Extract, Sodium Hyaluronate, Ethylhexylglycerin, Glutathione, Propanediol, Allantoin.       </p> <p> <b>Direction to use :</b>          • Take a few drops of serum on fingertips.          • Apply dots of serum on face and neck.          • Gently massage in upward direction until completely absorbed by the skin.       </p> <p> <b>DISCLAIMER :</b>          THIS PRODUCT CONTAINS NATURAL INGREDIENTS &amp; MAY CHANGE COLOUR AND FRAGRANCE OVER THE PERIOD OF TIME, WITHOUT LOSING ITS BENEFITS. EVEN NATURAL PRODUCTS CAN CAUSE ALLERGY TO SOME PEOPLE. THIS PATCH TEST IS RECOMMENDED BEFORE USE. USE IT FOR EXTERNAL PURPOSE ONLY, AVOID DIRECT CONTACT WITH EYES AND ALWAYS STORE IN A COOL &amp; DRY PLACE.       </p> <p>         DIST. UFORA COSMETICS SDN. BHD.          1627 GROUND FLOOR, JALAN SRI CEMERLANG, 15300 KOTA BHARU, KELANTAN, MALAYSIA.          CUSTOMER CARE : +6011-29672687       </p> <p>         www.uforaskincare.com       </p> <p>         SM - RM38   SS - RM42   SD - \$13       </p>		

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Uniparco Cosmetique LightUp Dark Spots Correcting Beauty Lotion		Clobetasol and Hydroquinone	United Kingdom Medicines and Healthcare products Regulatory Agency
Vitafer-L Gold Liquid		Tadalafil	United States Food and Drug Administration



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Vitality Capsules	 	Sildenafil and Tadalafil	United States Food and Drug Administration
VitalityXtra		Sildenafil	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
vROX	 The image shows a blister pack for vROX Maximum Strength Male Enhancement. The packaging is black and gold. It features the vROX logo at the top, followed by 'MAXIMUM STRENGTH' and a shield emblem. Below the shield, it says 'MALE ENHANCEMENT'. At the bottom, it mentions '72 HOURS' and 'NO HEADACHE', and includes a 'Made In USA' label with an American flag.	Sildenafil	United States Food and Drug Administration
ZapMax	 The image shows a box for ZapMax. The box is purple and pink. It features a circular logo with a stylized 'Z' and a globe. The text '10 CAPSULES' is visible in the top left corner. The brand name 'ZapMax' is prominently displayed in the center.	Diclofenac and Sildenafil	United States Food and Drug Administration
ZoomMax	 The image shows a box for ZoomMax. The box is white and yellow. It features a circular logo with a stylized 'Z' and a globe. The text '10 CAPSULES' is visible in the bottom right corner. The brand name 'ZoomMax' is prominently displayed in the center.	Diclofenac and Sildenafil	United States Food and Drug Administration

## **Annex B**

### **The possible side effects of the potent ingredients**

#### **1,4-dimethylamylamine (DMAA)**

DMAA is a stimulant. The use of DMAA can lead to high blood pressure, shortness of breath, irregular heart rate, tightening in the chest, and heart attacks, as well as seizures.

#### **Acetaminophen**

Acetaminophen or paracetamol is used for relieving pain, headache and fever. Products which contain acetaminophen or paracetamol, but do not have this declared on the label, pose a danger to consumers as accidental overdose can result in liver damage.

#### **Corticosteroids**

Betamethasone 17-Valerate, Clobetasol propionate, Dexamethasone and Prednisolone are potent steroids that are usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Long-term unsupervised use of steroids (including topical use where the steroid can be absorbed into the body) can cause increased blood glucose levels (which may lead to diabetes), high blood pressure, cataracts, muscular and bone disorders, an increased risk of infections and Cushing's syndrome (a round face or 'moon face' appearance and upper body obesity with thin limbs). Discontinuation of steroids without proper medical supervision can cause serious withdrawal symptoms such as fatigue, confusion, and low blood pressure, especially when the product has been taken for more than a few weeks.

#### **Diclofenac**

Diclofenac is a potent painkiller and may potentially cause cardiovascular events such as heart attacks and strokes, as well as serious gastric bleeding, when used for a prolonged period. It should be used under close medical supervision, especially in patients with underlying heart conditions, stomach bleeding and ulceration.

#### **Hydroquinone**

Hydroquinone is a potent ingredient used in prescription medicines for the treatment of skin conditions. The ingredient is prohibited in skincare cosmetic products and should only be used under medical supervision, as hydroquinone may cause harmful effects if not used properly. The inappropriate use of hydroquinone could result in changes in skin colour and hypersensitivity reactions such as rashes, redness, tingling and burning of skin.

## **Mercury**

Mercury is a toxic substance and is prohibited for use as an ingredient in cosmetic products. Regular application of creams containing mercury could lead to rash, skin discolouration and blotching. Chronic exposure to very high levels of mercury in cosmetic products may also cause toxic effects to the kidneys, digestive and nervous system, as it can be absorbed through the skin. This could lead to organ damage.

## **Methocarbamol**

Methocarbamol is a medicine used to treat acute, painful musculoskeletal spasms. Common side effects include headaches, sleepiness and dizziness. Serious side effects may include anaphylaxis, liver problems, confusion and seizures.

## **Phosphodiesterase Type 5 (PDE-5) inhibitors**

This class of medicine includes sildenafil, tadalafil, vardenafil and their derivatives. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using sildenafil while on nitrates have been reported overseas.

## **Sibutramine / Desmethyl sibutramine**

Sibutramine, previously a prescription weight loss medicine used in the treatment of obesity, has been disallowed for sale in Singapore since 2010 due to increased risk of heart attacks and strokes. The use of sibutramine has been associated with serious side effects, including high blood pressure, irregular heartbeats, hallucinations, and mood swings.

Desmethyl sibutramine is like sibutramine and may have similar side effects.

## **Tretinoin**

Tretinoin is a potent ingredient used in prescription medicines for the treatment of skin conditions and should be used under medical supervision. The ingredient is prohibited in skincare cosmetic products. Inappropriate use of tretinoin could lead to side effects such as redness and peeling of skin.