

HSA updates on products found overseas that contain potent ingredients (September 2024)

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in September 2024 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

HSA's Advisory

- 2 Members of the public are advised to:
 - Consult a doctor if you have consumed any of the products and are feeling unwell.
 - Avoid buying any of the products when abroad.
 - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
 - Be wary of products that promise quick and miraculous results or carry exaggerated claims like "100% safe", "no side effects" or "scientifically proven". Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
 - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).
- 3 Additionally, members of the public are encouraged to visit https://www.hsa.gov.sg/consumer-safety/ to learn more about the dangers of buying health products from dubious sources.
- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: hsa_is@hsa.gov.sg.

Annex A

List of Products

Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions

| Name of product | Picture of product | Potent ingredient(s) | Source (Regulatory Agency) |
|--|--|--------------------------------|--------------------------------------|
| 88 Total White Underarm Cream | 88 TOTAL WHITE UNCEARD CREAD | Betamethasone | Hong Kong Department of Health |
| 3800 Hard Rock | All Night Long Pleasure All Night Long Pleasu | Tadalafil (PDE-5 Inhibitor) | Health Canada |

| Name of product | Picture of product | Potent ingredient(s) | Source (Regulatory Agency) |
|------------------------------|--|---------------------------------|----------------------------------|
| Bang Maximum Power | TIME LASTS SIZE TOAYS DESTAMINA ACTION THE ULTIMATE PLEASURE Authentic | Sildenafil (PDE-5 Inhibitor) | Health Canada |
| Big Rhino Fiamund 300K | TIME SIZE STAMINA HEADACHE | Tadalafil (PDE-5 Inhibitor) | Health Canada |

| Name of product | Picture of product | Potent ingredient(s) | Source (Regulatory Agency) |
|---|--|---|----------------------------------|
| Black Bull Extreme | SLACK BULL EXTREME | Sildenafil and Tadalafil (PDE-5 Inhibitors) | Health Canada |
| Black Mamba Premium Triple Maximum | BLOCKIMAN PREMIUM PREM | Sildenafil and Tadalafil (PDE-5 Inhibitors) | Health Canada |
| Blue 6K | | Sildenafil (PDE-5 Inhibitor) | Health Canada |

| Name of product | Picture of product | Potent ingredient(s) | Source (Regulatory Agency) |
|---------------------|--|--|---|
| Bravo For Him | Last up to 3 Days Longer, Harder, and more Stamins Best Quality Natural Male Performance | Sildenafil, Desmethyl carbodenafil, Dithiodesmethyl carbodenafil (PDE-5 Inhibitors) | Health Canada |
| CHU Brand | มลักภัณฑ์เสริมอาหาร (กรา ชูว์) Dietary Supplement Product (CHU Brand) บรรรุ 10 แลปซูล น้ำหนักศุกธิ์ 4.13 กรับ Dietary Supplement Product (CHU Brand) | Sildenafil and Tadalafil (PDE-5 Inhibitors) | Thailand Food and Drug Administration |
| Ginseng Red 2000 | 2000 Serse Serse 2000 Serse Serse All Natural Herbs Eong Lastine Erections Powerful Stamina And Performance | Sildenafil (PDE-5 Inhibitor) | Health Canada |

| Name of product | Picture of product | Potent ingredient(s) | Source (Regulatory Agency) |
|-----------------|--|---------------------------------|---|
| HEAVENPLUS | IDMIDUMÃA CIÂCITUTALAS DO CASA DE LOS CONTROLAS DE LOS CO | Sildenafil (PDE-5 Inhibitor) | Thailand Food and Drug Administration |
| Lucky Lady | Color Female Color | Tadalafil (PDE-5 Inhibitor) | Health Canada |

| Name of product | Picture of product | Potent ingredient(s) | Source (Regulatory Agency) |
|--------------------|--|---------------------------------|----------------------------------|
| Magnum Gold 24K | MAGNUM MALE SEXUAL ENHANCEMENT GOLD TAST ACTING LONG LASTING Prostate Improvement Increases Time of Intercourse Increases STAMINA and SEX DRIVE Capsule for 7 DAYS TOD'S Natural Herbal Extract | Sildenafil (PDE-5 Inhibitor) | Health Canada |
| Magnum XXL 50K | SOK MAG SPENDS MAG SPENDS MALE SEXUAL ENHANCEMENT XXL FACE AND A SEXUAL ENHALTER AND A SEXUAL ENHANCEMENT XXL FACE A | Tadalafil (PDE-5 Inhibitor) | Health Canada |

| Name of product | Picture of product | Potent ingredient(s) | Source (Regulatory Agency) |
|--------------------|--|---------------------------------|--|
| Magnum XXL 500K | MACTING MALE SEXUAL ENHANCEMENT ** Prostate Improve ** Increases Time Introducts ** Increases Size an Introducts ** Increases S | Sildenafil (PDE-5 Inhibitor) | Health Canada |
| Magnum XXX 24K | Prostate Improvement Increases I.E. of INTERCOURSE Increases I.E. of INTERCOURSE Increases I.E. and IARDRESS Increases TAMINA and EX DRIVE 1 Capsule for 7 DAYS 100% Original Extract | Tadalafil (PDE-5 Inhibitor) | Health Canada |
| Ossos-Sans | Suplement Alimeticio OSSOS-SANS Chromosomi a Chromosomi | Diclofenac and Methocarbamol | United States Food and Drug Administration |

| Name of product | Picture of product | Potent ingredient(s) | Source (Regulatory Agency) |
|---------------------------|--|--|---|
| OZY | INTERIOR FOR SOME SOLUTION SOL | Sibutramine | Thailand Food and Drug Administration |
| Pink Pussycat | PUSSICAL ENHANCEMENT Heighten Serections and Desire | Hydroxythiohomo sildenafil (PDE-5 inhibitor) | Health Canada |
| Premium Pro Power 3500 | Premium PD WER NO HEADACHE 3500 STAMNA Statuting Male Supplement Value Interny Enhancer | Sildenafil (PDE-5 Inhibitor) | Health Canada |

| Name of product | Picture of product | Potent ingredient(s) | Source (Regulatory Agency) |
|-------------------------------|---|---------------------------------|----------------------------------|
| Rhino 7 Platinum 5000 | Peri Ading loop lesting TIME SIZE STAMINA AMERICAN STAMINA | Sildenafil (PDE-5 Inhibitor) | Health Canada |
| Rhino 7 Platinum 10,000 | ASE AFFINANCIAL MERITANANA NEW FORMULA Suine Great/Resulf | Sildenafil (PDE-5 Inhibitor) | Health Canada |
| Rhino 69 Platinum 35000 | Platinum 35000 R HINO SUPER LONG LASTING RIME SIZE STAMINA HEADACHE Capsulo Upto, Days | Tadalafil (PDE-5 Inhibitor) | Health Canada |

| Name of product | Picture of product | Potent ingredient(s) | Source (Regulatory Agency) |
|----------------------------------|---|---------------------------------|----------------------------------|
| Rhino 69 Platinum 700K | Plotinum Plotinum Times SIZE STAMINA Capsule 7-Days | Sildenafil (PDE-5 Inhibitor) | Health Canada |
| Rhino 69 Platinum 35000 | TIME STAMINA HEADACHE | Tadalafil (PDE-5 Inhibitor) | Health Canada |
| Rhino Double Premium 25000 | Premium 25000 RHINO DOUBLE Printing Plants | Tadalafil (PDE-5 Inhibitor) | Health Canada |

| Name of product | Picture of product | Potent ingredient(s) | Source (Regulatory Agency) |
|---------------------------|---|---|----------------------------------|
| Rhino Rush 15000K Trio | NO HEADACHES! Fast Acting ISOOOK HHIND HUSSH 15000K TIME+SIZE+STAMINA Do not ecogot or self i legal or coastartic products. | Sildenafil (PDE-5 Inhibitor) | Health Canada |
| Rush Hour 72 | S14.7 Starter of Prescription Resided NO Prescription Resided A\$15 UP to 12 Hours A\$15 UP to 12 Hours Natural Make Performance High Quality High Quality | Sildenafil and Tadalafil (PDE-5 Inhibitors) | Health Canada |
| Spanish Fly 20,000 | Spanish 20,000 14 | Tadalafil (PDE-5 Inhibitor) | Health Canada |

| Name of product | Picture of product | Potent ingredient(s) | Source (Regulatory Agency) |
|-----------------------|--|---|----------------------------------|
| Spanish Fly 22,000 | Spanish The size stamma Spanish The size stamma Spanish The size stamma The size stam | Tadalafil (PDE-5 Inhibitor) | Health Canada |
| Stiff Rox | STIFF PIOGEN STRONGER NO HEADACHE | Sildenafil and Tadalafil (PDE-5 Inhibitors) | Health Canada |

| Name of product | Picture of product | Potent ingredient(s) | Source (Regulatory Agency) |
|---------------------------|--|---|--|
| Super Rhino Gold 18000 | SUPERILING And Security CO Charles Control FOR Address FOR ADDRESS FOR EAST FOR EAST | Sildenafil (PDE-5 Inhibitor) | Health Canada |
| Titanium 4000 | TITANIUM 4000 1900 GENUINE FRODUCT NO HEADACHES 1003 | Sildenafil and Tadalafil (PDE-5 inhibitors) | Health Canada |
| Vail-Bon Jie Yang Wan | のできる。 De De D | Chlorpheniramine and Dexamethasone | United States Food and Drug Administration |

| Name of product | Picture of product | Potent ingredient(s) | Source (Regulatory Agency) |
|-----------------|---|----------------------|----------------------------------|
| | Indications: Urticaria, tinea, itching due to skin dieases, including eczema, pruritus; and serum sickness; and reheumatic skin itching, itch caused by drug reaction, pruritus universalis, pruritus pregnancy. Dosage: Two capsules each time, three time daily. Chủ trị: Ngừa di ứng thuốc ngừa phong thấp, viêm da quá mần tính, mũi mẫn cám, ngửa toàn thân. Cách sử dụng: Mỗi ngày 3 lần, mỗi lần 2 viên. Ướng với nước sởi. Dibuat & Diedarkan oleh: Dibuat & Diedarkan Mengkudu, 14100 Juru, SPT Penang, Malaysia. | | |

Annex B

The possible side effects of the potent ingredients

Betamethasone and Dexamethasone

Betamethasone and Dexamethasone are potent steroids that are usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Long term use of an oral steroid without medical supervision can cause high blood pressure, cataracts, an increased risk of infections, and Cushing's syndrome (characterised by the appearance of round face or 'moon face' and upper body obesity with thin limbs). Discontinuation of steroids without proper medical supervision can cause serious withdrawal symptoms such as fatigue, confusion and low blood pressure.

Chlorpheniramine

Chlorpheniramine is an antihistamine used to relieve allergic reactions such as hives and rhinitis. It should be used under medical supervision. Side effects from the use of chlorpheniramine include drowsiness, blurred vision, vomiting, constipation and poor coordination.

Diclofenac

Diclofenac is a potent painkiller and may potentially cause cardiovascular events such as heart attacks and strokes, as well as serious gastric bleeding, when used for a prolonged period. It should be used under close medical supervision, especially in patients with underlying heart conditions, stomach bleeding and ulceration.

Methocarbamol

Methocarbamol is a medicine used to treat acute, painful musculoskeletal spasms. Common side effects include headaches, sleepiness and dizziness. Serious side effects may include anaphylaxis, liver problems, confusion and seizures.

Phosphodiesterase Type 5 (PDE-5) inhibitors

This class of medicine includes avanafil, carbodenafil, sildenafil, tadalafil, vardenafil and their derivatives. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using sildenafil while on nitrates have been reported overseas.

Sibutramine

Sibutramine, previously a prescription weight loss medicine used in the treatment of obesity, has been disallowed for sale in Singapore since 2010 due to increased risk of heart attacks and strokes. The use of sibutramine has been associated with serious side effects, including high blood pressure, irregular heartbeats, hallucinations, and mood swings.