



HSA updates on products found overseas that contain potent ingredients (June 2024)

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in June 2024 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

HSA's Advisory

- 2 Members of the public are advised to:
 - Consult a doctor if you have consumed any of the products and are feeling unwell.
 - Avoid buying any of the products when abroad.
 - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
 - Be wary of products that promise quick and miraculous results or carry exaggerated claims like “100% safe”, “no side effects” or “scientifically proven”. Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
 - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).

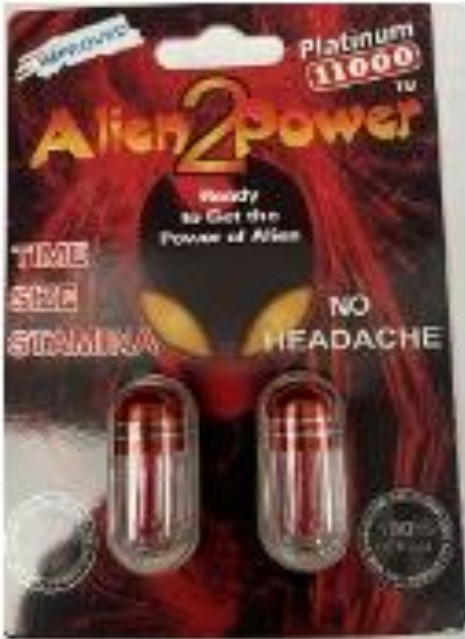

- 3 Additionally, members of the public are encouraged to visit <https://www.hsa.gov.sg/consumer-safety/> to learn more about the dangers of buying health products from dubious sources.

- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: hsa_is@hsa.gov.sg.


Annex A


List of Products

Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Alien 2 Power Platinum 11000 (red)</p>		<p>Tadalafil (PDE-5 Inhibitor)</p>	<p>Health Canada</p>
<p>Black Ant (Labelled in Chinese)</p>		<p>Sildenafil (PDE-5 Inhibitor)</p>	<p>Health Canada</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Bull Extreme		Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada
Black Mamba Premium 80000		Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada




Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Dewa Ginseng		Acetaminophen	Brunei Darussalam Ministry of Health

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>DRW Slimming Capsules</p>		<p>Sibutramine</p>	<p>Brunei Darussalam Ministry of Health</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Ginseng Red 2000		Sildenafil (PDE-5 Inhibitor)	Health Canada
Increasing Delay		Sildenafil (PDE-5 Inhibitor)	Health Canada
Infla-650		Acetaminophen, Diclofenac (NSAID), phenylbutazone (NSAID)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Japan Tengsu		Sildenafil (PDE-5 Inhibitor)	Health Canada
Jaguar 30000		Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada




Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Kapsul Pelangsing		Sibutramine	Brunei Darussalam Ministry of Health

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Kidney Boost the Menpower		Sildenafil (PDE-5 Inhibitor)	Health Canada
La Paix		Sildenafil (PDE-5 Inhibitor)	United States Food and Drug Administration
Lucky Lady		Tadalafil (PDE-5 Inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Maca		Sildenafil (PDE-5 Inhibitor)	Health Canada
Magnum Gold 24K		Sildenafil (PDE-5 Inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Magnum XXL 9800		Levodopa and Prasterone	Health Canada
OSSOS-SANS		Diclofenac (NSAID) and Methocarbamol	United States Food and Drug Administration
Plus Imperial Love 22000		Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Premium Pro Power 3500		Sildenafil (PDE-5 Inhibitor)	Health Canada
Raging Bull 50000		Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada
Ram It		Sildenafil and Tadalafil (PDE-5 Inhibitors)	United States Food and Drug Administration



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Red Diamond Viagra	 <p>The image shows a box of Red Diamond Viagra. The box is primarily red and gold. On the left side, there is a logo featuring a red diamond shape with Chinese characters. The text on the box includes 'Red diamond Viagra', 'Red and Traditional Chinese medicine extraction. Easy grain of onset. For men', and '10 pills'.</p>	Sildenafil (PDE-5 Inhibitor)	Health Canada
Rhino 25 Platinum 25000	 <p>The image shows the packaging for Rhino 25 Platinum 25000. It features a rhinoceros illustration. Text includes 'NEW', 'Platinum 25000', 'RHINO 25', 'EAST AFRICAN BLOOD CURE', 'TIME SIZE STAMINA', and 'NO'. There is also a small image of the product capsule.</p>	Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada
Rhino 69 8500K (Double Shot)	 <p>The image shows the packaging for Rhino 69 8500K (Double Shot). It features a rhinoceros illustration and two capsules. Text includes 'NEW', 'DOUBLE SHOT', 'RHINO 69', '8500K', 'NO HEADACHE', 'TIME SIZE STAMINA', '100% NATURAL', 'WORK WITH ALCOHOL NEW FORMULA', and 'BEST SELLER'.</p>	Sildenafil (PDE-5 Inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 69 Extreme 35000		Tadalafil (PDE-5 Inhibitor)	Health Canada
Rhino 69 Platinum 35000		Tadalafil (PDE-5 Inhibitor)	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 69 Power Plus 500K		Tadalafil (PDE-5 Inhibitor)	Health Canada
Rhino 7 Platinum 5000		Sildenafil (PDE-5 Inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 7 Platinum 900K		Levodopa and Prasterone	Health Canada
Rhino 7 10000K		Sildenafil (PDE-5 Inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino x 69 Silver 500 K		Tadalafil (PDE-5 Inhibitor)	Health Canada
Rush Hour 72		Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Sido Waras Flu Tulang		Acetaminophen, Betamethasone, Chlorpheniramine, Dexamethasone and Phenylbutazone (NSAID)	Brunei Darussalam Ministry of Health
Spanish Fly 20,000		Tadalafil (PDE-5 Inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Spanish Fly 22,000		Tadalafil (PDE-5 Inhibitor)	Health Canada
Stiff Rox Gold		Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Titanium 4000		Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada
To The Moon		Sildenafil and Tadalafil (PDE-5 Inhibitors)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Umary		Diclofenac (NSAID) and Omeprazole	United States Food and Drug Administration
3800 Hard Rock		Tadalafil (PDE-5 Inhibitor)	Health Canada

Annex B

The possible side effects of the potent ingredients

Acetaminophen / Paracetamol

Acetaminophen or paracetamol is used for relieving pain, headache and fever. Products which contain acetaminophen or paracetamol, but do not have this declared on the label, pose a danger to consumers as accidental overdose can result in liver damage.

Betamethasone

Betamethasone is a potent steroid. Long term use of an oral steroid without medical supervision can cause high blood pressure, cataracts, an increased risk of infections, and Cushing's syndrome (characterized by the appearance of round face or 'moon face' and upper body obesity with thin limbs).

Chlorpheniramine

Chlorpheniramine is an antihistamine used to relieve allergic reactions such as hives and rhinitis. It should be used under medical supervision. Side effects from the use of chlorpheniramine include drowsiness, blurred vision, vomiting, constipation and poor coordination.

Dehydroepiandrosterone (DHEA) – also known as Prasterone

Dehydroepiandrosterone (DHEA) is a hormone that could increase the risk of prostate, breast, ovarian and other hormone-sensitive cancers. Side effects may include serious cardiovascular disease, changes in fertility and sperm production, hair loss, voice deepening, insulin resistance, changes in menstrual pattern, liver dysfunction, abdominal pain, and high blood pressure.

Dexamethasone

Dexamethasone is a potent steroid that is usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Long term use of an oral steroid without medical supervision can cause high blood pressure, cataracts, an increased risk of infections, and Cushing's syndrome (characterized by the appearance of round face or 'moon face' and upper body obesity with thin limbs). Discontinuation of steroids without proper medical supervision can cause serious withdrawal symptoms such as fatigue, confusion and low blood pressure.

Diclofenac

Diclofenac is a potent painkiller and may potentially cause cardiovascular events such as heart attacks and strokes, as well as serious gastric bleeding, when used for a prolonged period. It should be used under close medical supervision, especially in patients with underlying heart conditions, stomach bleeding and ulceration.

Levodopa (L-Dopa)

Levodopa is a prescription medicine used in the treatment of Parkinson's Disease and should be used under medical supervision. Levodopa may potentially interact with medicines used to treat high blood pressure. Side effects of levodopa may include low blood pressure, irregular heart rate and breathing abnormalities.

Methocarbamol

Methocarbamol is a medicine used to treat acute, painful musculoskeletal spasms. Common side effects include headaches, sleepiness and dizziness. Serious side effects may include anaphylaxis, liver problems, confusion and seizures.

Nonsteroidal Anti-inflammatory Drugs (NSAIDs)

NSAIDs are anti-inflammatory medications used to relieve pain and reduce inflammation. Their prolonged use may potentially cause serious gastric bleeding, nausea, high blood pressure and cardiovascular events such as heart attacks and strokes. They should be used under close medical supervision, especially in patients with underlying heart conditions, stomach bleeding and ulceration. Examples include aspirin, diclofenac, ibuprofen, indomethacin, mefenamic acid, meloxicam, phenylbutazone and piroxicam.

Omeprazole

Omeprazole is a medicine used in the treatment of gastrointestinal diseases such as peptic ulcer disease, Zollinger-Ellison syndrome, and gastroesophageal reflux disease. Common side effects include nausea, vomiting, headaches, abdominal pain, and bloating. Long term use without medical supervision may increase your chances of serious side effects such as an increased risk of bone fractures, gut infections, and vitamin B12 deficiency.

Phosphodiesterase Type 5 (PDE-5) inhibitors

This class of medicine includes carbodenafil, sildenafil, tadalafil, vardenafil and their derivatives. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using sildenafil while on nitrates have been reported overseas.

Sibutramine

Sibutramine, previously a prescription weight loss medicine used in the treatment of obesity, has been disallowed for sale in Singapore since 2010 due to increased risk of heart attacks and strokes. The use of sibutramine has been associated with serious side effects, including high blood pressure, irregular heartbeats, hallucinations and mood swings.