

HSA updates on products found overseas that contain potent ingredients (June 2024)

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in June 2024 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

HSA's Advisory

- 2 Members of the public are advised to:
 - Consult a doctor if you have consumed any of the products and are feeling unwell.
 - Avoid buying any of the products when abroad.
 - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
 - Be wary of products that promise quick and miraculous results or carry exaggerated claims like "100% safe", "no side effects" or "scientifically proven". Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
 - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).
- 3 Additionally, members of the public are encouraged to visit https://www.hsa.gov.sg/consumer-safety/ to learn more about the dangers of buying health products from dubious sources.
- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: hsa_is@hsa.gov.sg.

Annex A

List of Products

Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Alien 2 Power Platinum 11000 (red)	A HEAD POWER WOODY TO THE POWER OF A FEADACHE STENDING HEADACHE	Tadalafil (PDE-5 Inhibitor)	Health Canada
Black Ant (Labelled in Chinese)	1015 1015 1015 1015 1015 1015 1015 1015	Sildenafil (PDE-5 Inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Bull Extreme	SLACK BULL EXTREME	Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada
Black Mamba Premium 80000	TIME SIZE MINA	Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Dewa Ginseng	SCREUK OF STOLO SERBUK BRASTONIO SERBUK BRASTONIO CHAN GINSENS Rompostsi Tong-aris Sharm Androngor All Footum Androngor Androng	Acetaminophen	Brunei Darussalam Ministry of Health

DRW Slimming Capsules Sibutramine Brunei Darussalam Ministry of Health	Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
INFORMASI PRODUK PROMON Program produk in hara diserted company, deer medical hara diserted company, deer medical harand company deep medical harand deep med	Slimming	DRW SLIMMING CAPSULES 30 KAPSUL	Sibutramine	Brunei Darussalam Ministry of

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Ginseng Red	2000 Sinsey ALL NATURAL HERBS EONG LASTINE ERECTIONS FOWERFUL STAMINA AMERICA SERVING SERVING SERVING SERVING STAMINA AND PERFORMANCE 1 Capsule - 7 days	Sildenafil	Health
2000		(PDE-5 Inhibitor)	Canada
Increasing	中央	Sildenafil	Health
Delay		(PDE-5 Inhibitor)	Canada
Infla-650	Supplement Facts White I shall be a start of the start of	Acetaminophen, Diclofenac (NSAID), phenylbutazone (NSAID)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Japan Tengsu	MADE IN JAPAN NDC-0068-5589-8 日本騰素 ニホントウソ JAPAN TENGSU Applicable To: People suffering with impotence, premature ejaculation, or poor sexual life, or poor erection おかり 0.59/Tablet Manufacture: Shiga Pharmacutcal Ltd., Japan China Diarrocate: Northwart Pharmacy, Kin. Peop Keng, China	Sildenafil (PDE-5 Inhibitor)	Health Canada
Jaguar 30000	SOCOO MALE SEXUAL PERFORMANCE ENHANCEMENT MALE	Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
	Rapsul Pelangsing Langsing Fairs Sampting Stangs St		
Kapsul Pelangsing	KOMPOSISI Terbuat dari jamu tradisional & rempah-rempah alami 100% HALAL	Sibutramine	Brunei Darussalam Ministry of Health
	KRASIAT DAN KEGUNAN: Membantu mengurang lemak yang berlebihan Menjaga berat badan Memberikan efek berkeringat ATUMA MINUME Untuk membantu menurunkan berat badan minum 2x1 kapsul sehari (pagi & sore) Untuk membantu menjaga berat badan minum 1x1 kapsul sehari (pagi han)		

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Kidney Boost the Menpower	Kidney Boost	Sildenafil (PDE-5 Inhibitor)	Health Canada
La Paix	LA PAIX UNE DOSE / UN VERRE À THÉ CONGNON-MOUSS YAKO (bon aphrodis aque) NB: Interdit aux femmes encentres Ne pas taisser à la portée des entres Ne pas taisser à la po	Sildenafil (PDE-5 Inhibitor)	United States Food and Drug Administration
Lucky Lady	Constitution of Pleasure Sexual Sensation of Pleasure Aryunan ont Sexual Sexual Sensation of Pleasure Aryunan ont Sexual Sexu	Tadalafil (PDE-5 Inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Maca	黄金玛卡	Sildenafil	Health
	MACA	(PDE-5 Inhibitor)	Canada
Magnum	MAGNUM MALE SEXUAL ENHANCEMENT @OLD FAST ACTING LONG LASTING Prostate Initial of Intercourse Increases Stame of Intercours	Sildenafil	Health
Gold 24K		(PDE-5 Inhibitor)	Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Magnum XXL 9800	MALE SEXUAL ENHANCEMENT XXL FAST ACTING LONG LASTING Prostate Improvement Increases TIME of INTERCOURSE Increase TIME of INTERCOUR	Levodopa and Prasterone	Health Canada
OSSOS- SANS	Suplements Altereticio OSSOS-SANS Corproteces Children IIII Compa Contenido Neto: 30 Tabletas	Diclofenac (NSAID) and Methocarbamol	United States Food and Drug Administration
Plus Imperial Love 22000	22000 Climax Control Cream Condon To Juperved 1 Capsule for Gay NO headache	Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Premium Pro Power 3500	Premium POWER NO HEADACHE 3500 STAMNA Past Acting Male Supplement Watural Energy Enhancer	Sildenafil (PDE-5 Inhibitor)	Health Canada
Raging Bull 50000	RAGING BULL TIME SIZE STAMINA 1 CAPSULE FOR 7 DAYS NO HEADACHE	Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada
Ram It	KAM IT HORNY GOAT WEED DOINT SEPREMENT IN SEPSEMEN	Sildenafil and Tadalafil (PDE-5 Inhibitors)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Red Diamond Viagra	Red diarmond Viagra Red dis Traditional Chi mediane extraction Eats grain of onset For men	Sildenafil (PDE-5 Inhibitor)	Health Canada
Rhino 25 Platinum 25000	TIME STZE STAMINA	Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada
Rhino 69 8500K (Double Shot)	RHINO 69 8500K TIME SIZE STAMINA WORK WITH ALCOHOL NEW FORMULA	Sildenafil (PDE-5 Inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 69 Extreme 35000	TIME SIZE STAMINA Capsule for 7 Days	Tadalafil (PDE-5 Inhibitor)	Health Canada
Rhino 69 Platinum 35000	TIME SIZE STAMINA Platinum (35000) RHINO (D) Platinum (S) (D) (D) (D) (D) (D) (D) (D) (D) (D) (D	Tadalafil (PDE-5 Inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 69 Power Plus 500K	POWER SOURCE STREET OF STR	Tadalafil (PDE-5 Inhibitor)	Health Canada
Rhino 7 Platinum 5000	TIME SIZE STAMINA	Sildenafil (PDE-5 Inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 7 Platinum 900K	RHINO Fost Acting long losting SIZE STAMINA RHINO PLANCES PLANCES	Levodopa and Prasterone	Health Canada
Rhino 7 10000K	RHINO 10000K TIME SIZE STANINA WORK WITH ALCOHOL NEW FCHMILLE	Sildenafil (PDE-5 Inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino x 69 Silver 500 K	RAIINO X G9 SILVES	Tadalafil (PDE-5 Inhibitor)	Health Canada
Rush Hour 72	\$14.** PUSH HOUR NO Prescription needed Asts up to 12 Hours Lasts up to 12 Hours Indicated Water Performance High Quality High Quality	Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Sido Waras Flu Tulang	SUPER SIDO WARAS FLUTULANG Arm Non- Figi I Supple LENGTH VINE-LENGT SEMENTER THAN KASHI KHASIAT: Menyembuhkan: Encok, Rheumatik, Pegel Linu, Nyeri Sandi. Sangat cocok untuk pekerja berat, patani dan olahranjawan. PERHATIAN: chat ini hariya untuk orang dewasa umur diatas 15 tahur.	Acetaminophen, Betamethasone, Chlorpheniramine, Dexamethasone and Phenylbutazone (NSAID)	Brunei Darussalam Ministry of Health
Spanish Fly 20,000	Spanish 20,000	Tadalafil (PDE-5 Inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Spanish Fly 22,000	Spanish The size stamma Spanish The size stamma The s	Tadalafil (PDE-5 Inhibitor)	Health Canada
Stiff Rox Gold	STIFF BULD BACTER STORIGH STRONGS STRO	Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Titanium 4000	TITANIUM 4000 1 FILE WORKS UP TO 8 DAYS NO HEADACHES NO HEADACHES 1000	Sildenafil and Tadalafil (PDE-5 Inhibitors)	Health Canada
To The Moon	TO THE MOON BOOST YOUR CONFIDENCE AND PERFORMANCE.	Sildenafil and Tadalafil (PDE-5 Inhibitors)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Umary	Acido Hialurónico SUPLEMENTO ALIMENTICIO Contenido Neto: Contenido Neto: Capletas de 850 mg Capletas de 850 mg Calpetas de Rame de Acido Hialumino Anno de ricitralizado Tigo II, Rist de Coronna Anno de Ricitralizado Tigo II, Ricitralizado	Diclofenac (NSAID) and Omeprazole	United States Food and Drug Administration
3800 Hard Rock	ALI Night Long Pleasure STRONGER STRUMA LONGER TIME IND HENDNEHE GWISSMING BRUSSTON SOF JEANS OF LOOSE L	Tadalafil (PDE-5 Inhibitor)	Health Canada

Annex B

The possible side effects of the potent ingredients

Acetaminophen / Paracetamol

Acetaminophen or paracetamol is used for relieving pain, headache and fever. Products which contain acetaminophen or paracetamol, but do not have this declared on the label, pose a danger to consumers as accidental overdose can result in liver damage.

Betamethasone

Betamethasone is a potent steroid. Long term use of an oral steroid without medical supervision can cause high blood pressure, cataracts, an increased risk of infections, and Cushing's syndrome (characterized by the appearance of round face or 'moon face' and upper body obesity with thin limbs).

Chlorpheniramine

Chlorpheniramine is an antihistamine used to relieve allergic reactions such as hives and rhinitis. It should be used under medical supervision. Side effects from the use of chlorpheniramine include drowsiness, blurred vision, vomiting, constipation and poor coordination.

Dehydroepiandrosterone (DHEA) – also known as Prasterone

Dehydroepiandrosterone (DHEA) is a hormone that could increase the risk of prostate, breast, ovarian and other hormone-sensitive cancers. Side effects may include serious cardiovascular disease, changes in fertility and sperm production, hair loss, voice deepening, insulin resistance, changes in menstrual pattern, liver dysfunction, abdominal pain, and high blood pressure.

Dexamethasone

Dexamethasone is a potent steroid that is usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Long term use of an oral steroid without medical supervision can cause high blood pressure, cataracts, an increased risk of infections, and Cushing's syndrome (characterized by the appearance of round face or 'moon face' and upper body obesity with thin limbs). Discontinuation of steroids without proper medical supervision can cause serious withdrawal symptoms such as fatigue, confusion and low blood pressure.

Diclofenac

Diclofenac is a potent painkiller and may potentially cause cardiovascular events such as heart attacks and strokes, as well as serious gastric bleeding, when used for a prolonged period. It should be used under close medical supervision, especially in patients with underlying heart conditions, stomach bleeding and ulceration.

Levodopa (L-Dopa)

Levodopa is a prescription medicine used in the treatment of Parkinson's Disease and should be used under medical supervision. Levodopa may potentially interact with medicines used to treat high blood pressure. Side effects of levodopa may include low blood pressure, irregular heart rate and breathing abnormalities.

Methocarbamol

Methocarbamol is a medicine used to treat acute, painful musculoskeletal spasms. Common side effects include headaches, sleepiness and dizziness. Serious side effects may include anaphylaxis, liver problems, confusion and seizures.

Nonsteroidal Anti-inflammatory Drugs (NSAIDs)

NSAIDs are anti-inflammatory medications used to relieve pain and reduce inflammation. Their prolonged use may potentially cause serious gastric bleeding, nausea, high blood pressure and cardiovascular events such as heart attacks and strokes. They should be used under close medical supervision, especially in patients with underlying heart conditions, stomach bleeding and ulceration. Examples include aspirin, diclofenac, ibuprofen, indomethacin, mefenamic acid, meloxicam, phenylbutazone and piroxicam.

Omeprazole

Omeprazole is a medicine used in the treatment of gastrointestinal diseases such as peptic ulcer disease, Zollinger-Ellison syndrome, and gastroesophageal reflux disease. Common side effects include nausea, vomiting, headaches, abdominal pain, and bloating. Long term use without medical supervision may increase your chances of serious side effects such as an increased risk of bone fractures, gut infections, and vitamin B12 deficiency.

Phosphodiesterase Type 5 (PDE-5) inhibitors

This class of medicine includes carbodenafil, sildenafil, tadalafil, vardenafil and their derivatives. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using sildenafil while on nitrates have been reported overseas.

Sibutramine

Sibutramine, previously a prescription weight loss medicine used in the treatment of obesity, has been disallowed for sale in Singapore since 2010 due to increased risk of heart attacks and strokes. The use of sibutramine has been associated with serious side effects, including high blood pressure, irregular heartbeats, hallucinations and mood swings.