



## **HSA updates on products found overseas that contain potent ingredients (February 2024)**

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in February 2024 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

### **HSA's Advisory**

2 Members of the public are advised to:

- Consult a doctor if you have consumed any of the products and are feeling unwell.
- Avoid buying any of the products when abroad.
- Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
- Be wary of products that promise quick and miraculous results or carry exaggerated claims like “100% safe”, “no side effects” or “scientifically proven”. Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
- Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).

3 Additionally, members of the public are encouraged to visit <https://www.hsa.gov.sg/consumer-safety/> to learn more about the dangers of buying health products from dubious sources.

4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: [hsa\\_is@hsa.gov.sg](mailto:hsa_is@hsa.gov.sg).

## Annex A

### List of Products

Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions

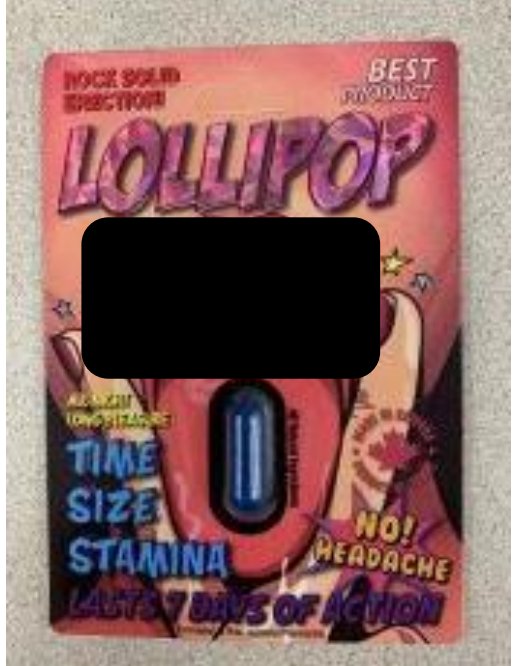
Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Alien Power Platinum 11000 (green)		Sildenafil (PDE-5 inhibitor)	Health Canada
Alien 2 Power Platinum 11000 (red)		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Arize Herbal Dietary Supplement Capsules	 <p>The image shows the packaging for Arize Herbal Dietary Supplement. The top part is a black blister pack with the Arize logo in red and white, and the text "For a Rise That's HARD to Forget" and "Herbal Dietary Supplement 10 Capsules". Below the blister pack is a white box with a "Supplement Facts" label. The label lists the active ingredient as "Arize Herb's Performance Proprietary Blend" and includes a barcode and the website "www.getarize.com".</p>	Nortadafafil (PDE-5 inhibitor)	United States Food and Drug Administration
Bang Maximum Power	 <p>The image shows the packaging for Bang Maximum Power. It features a woman's face and torso in a black and white photograph. The word "BANG" is written in large, red, stylized letters across the center. Above it, the text "MAXIMUM POWER" and "NO HEADACHE" is visible. Below "BANG", it says "All Natural Ingredients" and "All Night Long". At the bottom, there is a red capsule in a blister pack, and the text "TIME SIZE STAMINA" and "LASTS 7 DAYS OF ACTION" is displayed. The tagline "THE ULTIMATE PLEASURE" and "Authentic" are at the very bottom.</p>	Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Ginseng Red 2000		Sildenafil (PDE-5 inhibitor)	Health Canada
Jaguar 25000		Tadalafil (PDE-5 inhibitor)	Health Canada



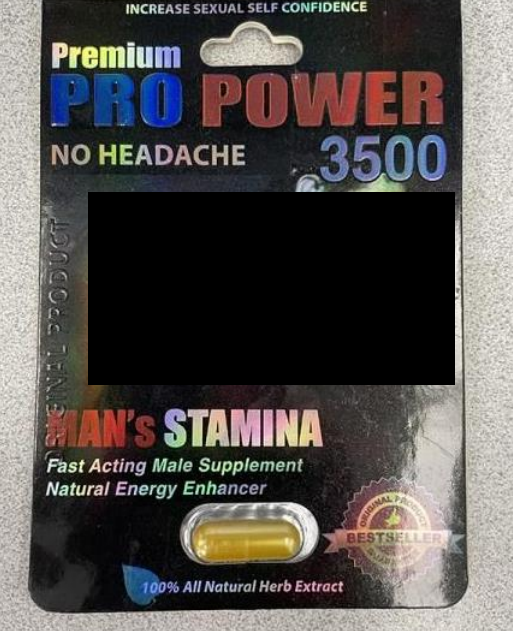
Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Lanlay Vita-X 300mg		Sildenafil (PDE-5 inhibitor)	Health Canada
Libigrow Platinum 10000		Prasterone	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Lollipop		Sildenafil, Tadalafil (PDE-5 inhibitors) and Yohimbine	Health Canada
Lucky Lady		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Magnum Gold 24K		Sildenafil (PDE-5 inhibitor)	Health Canada
Magnum XXL 500K		Levodopa and Prasterone	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Magnum XXL 9800		Levodopa and Prasterone	Health Canada
Magnum 750K Platinum		Tadalafil (PDE-5 inhibitor)	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Pink Pussycat		Hydroxythiohomo sildenafil (PDE-5 inhibitor)	Health Canada
Premium Pro Power 3500		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
ResERECTI ON!		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
ResERECTI ON!		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>RHINO 69 Fire 500K</p>		<p>Levodopa and Prasterone</p>	<p>Health Canada</p>
<p>Rhino 7 Platinum 5000</p>		<p>Sildenafil (PDE-5 inhibitor) and Yohimbe</p>	<p>Health Canada</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 7 Platinum 10,000		Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada
Rhino 7 Platinum 10,000		Sildenafil (PDE-5 inhibitor)	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 11 Platinum 200K		Tadalafil (PDE-5 inhibitor)	Health Canada
Rhino 25 Platinum 25000		Sildenafil (PDE-5 inhibitor)	Health Canada


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 69 Extreme 500K		Prasterone	Health Canada
Rhino 69 Extreme 990K		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 69 Fire 500K		Levodopa and Prasterone	Health Canada
Rhino 69 Platinum 35000		Tadalafil (PDE-5 inhibitor)	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Rhino 69 Platinum 700K</p>		<p>Sildenafil (PDE-5 inhibitor)</p>	<p>Health Canada</p>
<p>Rhino 69 Power Plus 500K</p>		<p>Tadalafil (PDE-5 inhibitor)</p>	<p>Health Canada</p>



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 69 6500K		Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada
Rhino 69 7000K		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Royal Master 1500		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rush Hour 72		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Sexual Performance Supplement - Members Only		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Spanish Fly 20,000 (green)		Tadalafil (PDE-5 inhibitor)	Health Canada
Spanish Fly 22,000 (red)		Tadalafil (PDE-5 inhibitor)	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Stiff Rock		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Stiff Rox		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Super Rhino Gold 18000		Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada
Sustain herbal dietary supplement		Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration
Schwinng brand dietary supplement capsules		Nortadalafil (PDE-5 inhibitor)	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
2000 Ginseng Red		Sildenafil (PDE-5 inhibitor)	Health Canada
3800 Hard Rock		Tadalafil (PDE-5 inhibitor)	Health Canada

## **Annex B**

### **The possible side effects of the potent ingredients**

#### **Phosphodiesterase Type 5 (PDE-5) inhibitors**

This class of medicine includes avanafil, carbodenafil, sildenafil, tadalafil, vardenafil and their derivatives. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using sildenafil while on nitrates have been reported overseas.

#### **Levodopa**

Levodopa or L-Dopa is a prescription medicine used in the treatment of Parkinson's Disease and should be used under medical supervision. Levodopa may potentially interact with medicines used to treat high blood pressure. Side effects of levodopa may include low blood pressure, irregular heart rate and breathing abnormalities.

#### **Prasterone**

Prasterone, also known as Dehydroepiandrosterone (DHEA), is a hormone that could increase the risk of prostate, breast, ovarian and other hormone-sensitive cancers. Side effects may include serious cardiovascular disease, changes in fertility and sperm production, hair loss, voice deepening, insulin resistance, changes in menstrual pattern, liver dysfunction, abdominal pain, and high blood pressure.

#### **Yohimbe/Yohimbine**

Yohimbine is a potent medicinal ingredient derived from yohimbe, a bark extract. Side effects associated with yohimbe or yohimbine include insomnia, anxiety, palpitations (sensation of heart pounding, racing or skipped beats), sweating and blurred vision. Overdosage can cause low blood pressure, rapid heartbeats, seizures, paralysis, and coma. Deaths from overdose have also been reported.