



HSA updates on products found overseas that contain potent ingredients (December 2024)

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in December 2024 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

HSA's Advisory

- 2 Members of the public are advised to:
 - Consult a doctor if you have consumed any of the products and are feeling unwell.
 - Avoid buying any of the products when abroad.
 - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
 - Be wary of products that promise quick and miraculous results or carry exaggerated claims like “100% safe”, “no side effects” or “scientifically proven”. Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
 - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).

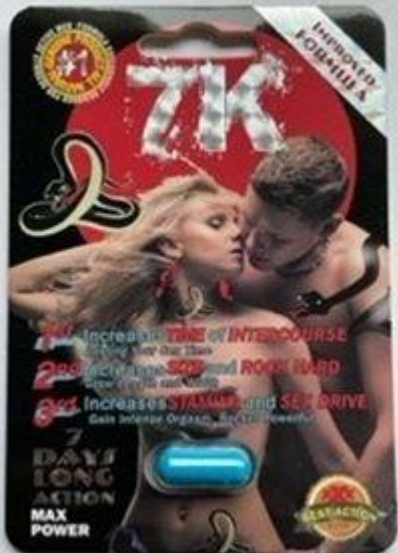
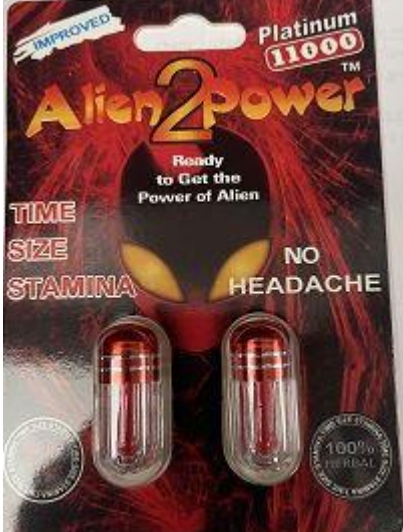
- 3 Additionally, members of the public are encouraged to visit <https://www.hsa.gov.sg/consumer-safety/> to learn more about the dangers of buying health products from dubious sources.



- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: hsa_is@hsa.gov.sg.

Annex A

List of Products



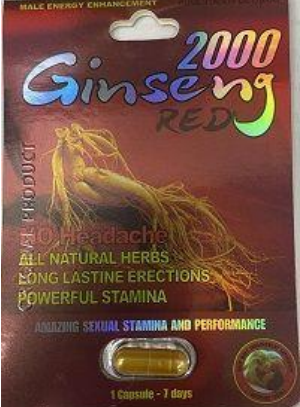

Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
7K	 <p>The image shows the packaging for '7K' supplement. It features a couple in an intimate embrace. The text on the packaging includes 'IMPROVED FORMULA', '7K', 'Increase TIME of INTERCOURSE', '2x Increase the SIZE and ROCK HARD', '3x Increase STAMINA and SEX DRIVE', '7 DAYS LONG ACTION', and 'MAX POWER'. There is also a blue pill shown at the bottom.</p>	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Alien 2 Power Platinum 11000	 <p>The image shows the packaging for 'Alien 2 Power Platinum 11000' supplement. It features a red alien face. The text on the packaging includes 'IMPROVED', 'Platinum 11000', 'Alien 2 Power', 'Ready to Get the Power of Alien', 'TIME SIZE STAMINA', and 'NO HEADACHE'. Two red pills are shown in clear capsules at the bottom.</p>	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Alien Power Platinum 11000</p>		<p>Tadalafil (PDE-5 inhibitor)</p>	<p>Health Canada</p>
<p>Bang Maximum Power</p>		<p>Sildenafil (PDE-5 inhibitor)</p>	<p>Health Canada</p>
<p>Black Bull 10000K</p>		<p>Paracetamol and Sildenafil (PDE-5 inhibitor)</p>	<p>Health Canada</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Blue Rhino 1000K		Sildenafil (PDE-5 inhibitor) and Mitragynine	Health Canada
Blue Rhino 5000K		Sildenafil (PDE-5 inhibitor)	Health Canada
Blue Rhino 20000K Trio		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Dynamint X Tablets		Tadalafil (PDE-5 inhibitor)	Australia Therapeutic Goods Administration
Force Forever		Diclofenac and Dexamethasone	US Food and Drug Administration
Fouzee SugarLin Herbal Formula		Glyburide and Metformin	US Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Gold Max Blue capsules		Tadalafil (PDE-5 inhibitor)	Australia Therapeutic Goods Administration
Gold Rhino Extreme 1000K		Tadalafil (PDE-5 inhibitor)	Health Canada
Ginseng Red 2000		Sildenafil (PDE-5 inhibitor)	Health Canada
Hi-rize		Nortadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Jet Blue 998111		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Kangaroo		Sildenafil (PDE-5 inhibitor)	Health Canada
Kangaroo Female Booster		Sildenafil (PDE-5 inhibitor)	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Kangaroo Violet		Sildenafil (PDE-5 inhibitor)	Health Canada
Lucky Guy 750K		Paracetamol, Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Lucky Guy Platinum 18000		Tadalafil (PDE-5 inhibitor)	United States Food and Drug Administration




Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Magnum XXL 9800 (black capsules)		Sildenafil (PDE-5 inhibitor)	Health Canada
Magnum XXL 1000K		Sildenafil (PDE-5 inhibitor)	Health Canada
Magnum XXL 20000K Trio		Levofloxacin (Fluoroquinolone), Sildenafil (PDE-5 inhibitor), Sibutramine and Phenolphthalein	Health Canada
Magnum XXL 500K		Levodopa and Prasterone	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Makari De Suisse Active Intense Unify & Illuminate Dark Spot Corrector Serum</p>		<p>Clobetasol</p>	<p>United Kingdom Medicines and Healthcare Regulatory Agency</p>
<p>Maxman tablets</p>		<p>Sildenafil (PDE-5 Inhibitor)</p>	<p>Australia Therapeutic Goods Administration</p>
<p>Natural MiracleZEN Platinum 70000</p>		<p>Sildenafil and Tadalafil (PDE-5 inhibitors)</p>	<p>United States Food and Drug Administration</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Nhan Sam Tuyet Lien Truy Phong Hoan Capsules		Furosemide, Dexamethasone and Chlorpheniramine	United States Food and Drug Administration
Perfect PremierZEN Gold 19000		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Perfect PremierZEN Platinum 20000		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Pink Pussycat		Hydroxythiohomo sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Pink Pussycat (bottle)		Acetaminophen and Sildenafil (PDE-5 inhibitor)	Health Canada
Pink Unicorn		Sildenafil (PDE-5 inhibitor)	Health Canada
Platinum 10K		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Platinum Rhino 500K		Acetaminophen, Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Premier Love Platinum 22000		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Premier Love Plus 24000		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
ResErection (round bottle)		Metandienone (Anabolic Steroid)	Health Canada
Rhino 13 Extreme 500K		Tadalafil (PDE-5 inhibitor)	Health Canada
Rhino 25 Titanium 500K		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 25 Fast Platinum 25000		Sildenafil (PDE-5 inhibitor)	Health Canada
Rhino 69 Honey (pink)		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Rhino 69 Platinum 700K		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 69 Titanium 990K		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Rhino 69 250K		Sildenafil (PDE-5 inhibitor)	Health Canada
Rhino 69 6000K		Sildenafil (PDE-5 inhibitor)	Health Canada
Rhino 69 6000K Double Shot		Acetaminophen and Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 69 7000K		Sildenafil (PDE-5 inhibitor)	Health Canada
Rhino 69 20000K		Sildenafil (PDE-5 inhibitor)	Health Canada
Rhino 69 Platinum 700K		Sildenafil (PDE-5 inhibitor)	Health Canada

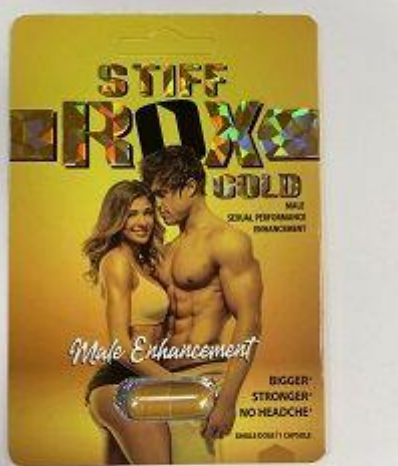


Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 7 20000K Trio		Sildenafil (PDE-5 inhibitor)	Health Canada
Rhino 7 Platinum 10,000		Tadalafil (PDE 5- inhibitor)	Health Canada
Rhino 7 Platinum 5000		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino 8 2000K Trio		Sildenafil (PDE-5 inhibitor)	Health Canada
Rhino 11 Extreme 500K		Tadalafil (PDE 5- inhibitor)	Health Canada
Rhino 13 Extreme 500K		Tadalafil (PDE 5- inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino Rush 500 Trio 1000K		Sildenafil (PDE-5 inhibitor)	Health Canada
Rhino X		Caffeine and Tadalafil (PDE-5 inhibitor)	Health Canada
Rhino XL Extreme 60000		Tadalafil (PDE 5- inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
RIGIDRX		Tadalafil (PDE 5- inhibitor)	United States Food and Drug Administration
Şahmerdan Epimedyumlu Macun		Sildenafil (PDE-5 inhibitor)	Health Canada
Sausando cellulite pills		Furosemide and Sibutramine	Thailand Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Sensuva ON – Sex Drive for Him	 <p>The image shows a black box for 'Sensuva ON Sex Drive for Him'. The word 'on' is written in a blue square with an arrow pointing right. Below it, 'SEX DRIVE FOR HIM' is written in white and blue. At the bottom, there are three lines of text: 'LIBIDO PARA EL', 'LE LIBIDO POUR LUI', and 'LIBIDO FÜR IHN'.</p>	DHEA	Health Canada
Sexual Performance Supplement	 <p>The image shows a white plastic bottle with a white cap. The label is dark with 'SEXUAL PERFORMANCE SUPPLEMENT' in white. A yellow banner on the left says 'MEMBERS ONLY'. Below the main title, it says 'All Natural Male Herbal Sexual Enhancement'. There is also a 'WARNING' section on the right side of the label.</p>	Sildenafil (PDE-5 inhibitor)	Health Canada
Spanish Fly 20,000	 <p>The image shows a blister pack for 'Spanish Fly 20,000'. The packaging is green and black with a woman's face. It says 'TIME + SIZE + STAMINA' at the top. Below that, 'Spanish Fly 20,000' is written in a stylized font. There are two circular icons: one with '100%' and another with '14 PERSON SIZES'. Two green capsules are visible in the blister pack.</p>	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Stiff Rox		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
The Goat		Sildenafil (PDE-5 inhibitor)	US Food and Drug Administration
Tian Ma Tu Chung Seven Leave Ginseng		Diclofenac, Terbinafine and Paracetamol	Hong Kong The Department of Health

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Titanium 12K		Sildenafil (PDE-5 inhibitor)	Health Canada
Titanium 12K T12K		Tadalafil (PDE-5 inhibitor) and Dapoxetine	Health Canada
Titanium 4000		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Titanium 4000+		Sildenafil (PDE-5 inhibitor)	Health Canada
The Green Giant		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
VIP Go Rhino Gold 69K		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
WILDMAN		Sildenafil, Tadalafil (PDE-5 inhibitors), Sibutramine, Desmethyl sibutramine and Phenolphthalein	US Food and Drug Administration
X3 500K GOLD EDITION		Sildenafil, Tadalafil (PDE-5 inhibitors)	US Food and Drug Administration

Annex B

The possible side effects of the potent ingredients

Acetaminophen / Paracetamol

Acetaminophen or paracetamol is used for relieving pain, headache and fever. Products which contain acetaminophen or paracetamol, but do not have this declared on the label, pose a danger to consumers as accidental overdose can result in liver damage.

Anabolic steroids

Anabolic steroids are not approved for use to increase muscle mass or boost athletic performance. Taking such medication without medical supervision can be dangerous as they can cause serious side effects such as insomnia, irritability, aggressive behaviour, hypertension, liver cancer, development of prominent breasts in men and impotence. In women, they can cause male characteristics such as an increase in facial hair growth, male pattern baldness, deepening of the voice and menstrual irregularities. Examples of anabolic steroids are Boldenone undecylenate, Drostanolone propionate, Methandrostenolone (Metandienone), Nandrolone decanoate, Oxandrolone and Testosterone compounds.

Caffeine

The inappropriate use of caffeine may lead to insomnia, agitation, restlessness, palpitations, and increased heart rate.

Chlorpheniramine

Chlorpheniramine is an antihistamine used to relieve allergic reactions such as hives and rhinitis. It should be used under medical supervision. Side effects from the use of chlorpheniramine include drowsiness, blurred vision, vomiting, constipation and poor coordination.

Clobetasol propionate

Clobetasol propionate is a potent steroid that is usually prescribed for inflammatory conditions and should only be used under strict medical supervision. Common side effects include skin irritation, pimples, redness and dry skin. Long term use without medical supervision can cause an increased risk of infections, allergic reactions and Cushing's syndrome (characterised by the appearance of round face or 'moon face' and upper body obesity with thin limbs).

Dapoxetine

Dapoxetine is a prescription medicine used to treat conditions including depression and eating disorders, and it should be used under medical supervision. The use of dapoxetine has been associated with side effects including headaches, insomnia, palpitations and dizziness.

Dehydroepiandrosterone (DHEA) – also known as Prasterone

Dehydroepiandrosterone (DHEA) is a hormone that could increase the risk of prostate, breast, ovarian and other hormone-sensitive cancers. Side effects may include serious cardiovascular disease, changes in fertility and sperm production, hair loss, voice deepening, insulin resistance, changes in menstrual pattern, liver dysfunction, abdominal pain, and high blood pressure.

Diclofenac

Diclofenac is a potent painkiller and may potentially cause cardiovascular events such as heart attacks and strokes, as well as serious gastric bleeding, when used for a prolonged period. It should be used under close medical supervision, especially in patients with underlying heart conditions, stomach bleeding and ulceration.

Frusemide / Furosemide

Frusemide is a prescription medicine used to eliminate water and salt from the body and should be used under medical supervision. The side effects associated with its use include loss of appetite and low blood pressure. When taken in excess, the 'water-eliminating' effect of frusemide can cause the depletion of sodium, chloride, body water and other minerals in the body.

Glibenclamide / Glyburide

Glibenclamide is a prescription medicine used to treat diabetes mellitus and should be used under medical supervision. Inappropriate use of glibenclamide without medical supervision may cause severe low blood glucose which can cause seizures or coma. Other side effects may include nausea, vomiting, diarrhoea and cholestatic jaundice.

Levodopa (L-Dopa)

Levodopa is a prescription medicine used in the treatment of Parkinson's Disease and should be used under medical supervision. Levodopa may potentially interact with medicines used to treat high blood pressure. Side effects of levodopa may include low blood pressure, irregular heart rate and breathing abnormalities.

Fluoroquinolones

Fluoroquinolones are antibiotics used to treat bacterial infections. They are prescription medicines and should be used under medical supervision. Common side effects include nausea, vomiting, diarrhoea and rash. Severe side effects include an increased risk of tendon rupture, hallucinations and nerve damage. Examples include ciprofloxacin and levofloxacin.

Metformin

Metformin is a prescription medicine for the treatment of diabetes and should be used under medical supervision. Common side effects include diarrhoea, nausea and abdominal pain. An overdose can cause severe hypoglycemia or lactic acidosis, which can be fatal.

Paynantheine and Mitragynine - Kratom (*Mitragyna speciosa*) alkaloids

Paynantheine and mitragynine are alkaloids of Kratom or *Mitragyna speciosa*. The use of kratom has been associated with respiratory depression or decreased breathing, seizure, addiction and psychosis. Other side effects include high heart rate and blood pressure, trouble sleeping, and liver toxicity. When use is stopped, withdrawal symptoms may occur. Deaths have been reported with kratom both by itself and mixed with other substances.

Phosphodiesterase Type 5 (PDE-5) inhibitors

This class of medicine includes avanafil, carbodenafil, sildenafil, tadalafil, vardenafil and their derivatives. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using sildenafil while on nitrates have been reported overseas.

Phenolphthalein

Phenolphthalein may cause kidney disorders and has been found in animal studies to be associated with cancer. It may also cause breathing difficulties, rashes and abdominal cramps.

Sibutramine / Desmethyl sibutramine / Benzyl sibutramine

Sibutramine, previously a prescription weight loss medicine used in the treatment of obesity, has been disallowed for sale in Singapore since 2010 due to increased risk of heart attacks and strokes. The use of sibutramine has been associated with serious side effects, including high blood pressure, irregular heartbeats, hallucinations, and mood swings.

Desmethyl sibutramine and Benzyl sibutramine are like sibutramine and may have similar side effects.

Terbinafine

Terbinafine is a medicine used to treat fungal infections. Side effects associated with inappropriate use of creams containing terbinafine include skin peeling, itching, redness, and burning.