

Fluticasone Furoate Intranasal Spray 27.5mcg/spray (floo-TIK-a-sone FURE-oh-ate)

What is this medication used for

Fluticasone furoate is used to prevent and treat inflammation in the lining of the nose due to allergies (also known as allergic rhinitis) as well as prevent and relieve its associated symptoms such as sneezing and runny nose. Fluticasone furoate belongs to a group of medications called corticosteroids. Fluticasone furoate works by reducing inflammation, swelling and irritation in the nose due to allergies.

How to use this medication

Adults 18 years old and above

The usual starting dose is 2 sprays into each nostril once a day. As it takes a few days to one week for the medication to work, continue using it even if you do not feel better immediately. Do not use more than 2 sprays into each nostril a day. You may reduce the dose to 1 spray into each nostril once a day when you feel better and go back to the starting dose if the symptoms worsen.

Shake the bottle well before use. Do not spray into the eyes or mouth.

If you forget or miss a dose, use it as soon as you remember. If it is nearly time for the next dose, skip the missed application and continue with next dose at the usual time.

Before you use this medication

Medical advice should be sought before use if you have any of the following conditions or symptoms: nose bleeds, nasal, sinus or chest infection, recent injury or surgery to the nose, severe nasal congestion or obstruction, tuberculosis, eye infection, measles or chicken pox, glaucoma or cataracts, liver disease.

This medication should be avoided if you have a known history of allergy to fluticasone or any of the other listed ingredients in the product.

This medication should not be used by any children or adolescents below 18 years old unless prescribed by a doctor.

Please seek your doctor's or pharmacist's advice before using this medication if you are pregnant or breastfeeding.

Interactions with other medications

Inform your doctor and/or pharmacist if you are taking, have recently taken or plan to take other medications, nutritional supplements or herbal products. Be sure to mention any of the following: any other corticosteroid medications in the form of tablets, inhalers, nasal sprays or eye/nose drops.

Side effects

Common side effects: Headache, nose bleeds, sore throat.

Other side effects (frequency not known): Irritation and dryness on the inside of your nose, sinuses become congested or blocked, sneezing, changes in the way things smell or taste, feeling sick (nausea), sleeping problems, feeling dizzy or tired, shortness of breath (dyspnoea), cloudiness of the lens in the eye (cataract), elevated pressure inside the eyeball (glaucoma).

Rare side effects: Perforation of the middle part of the inside of the nose (called 'nasal septum').

When to seek further medical advice

Inform your doctor and/or pharmacist immediately if you experience any allergic symptoms (e.g. rashes, itchiness, difficulty in breathing or eye swelling), or serious side effects due to this medication.

Consult a doctor if you experience vision changes, recurrent nose bleeds or nose septum discomfort while taking this medication.

Consult a doctor if your symptoms do not improve after 2 weeks, or if the condition worsens.

How this medication should be kept

Keep out of reach and sight of children.

Store in a cool dry place below 30°C.

Store in upright position with cap on.

